









Fashion Show that have us all on the edge of our seats as we click refresh, refresh!

This week, we find out how the heavenly hotties get those angelic bods – and we're exhausted just thinking/writing about it.

In fact, there are transformations happening right through the magsome inspiring, some a little more extreme. If only this shape-up motivation would rub off on me.

I guess there's always next week! Enjoy the issue.

Mark Brandon **EDITOR** 



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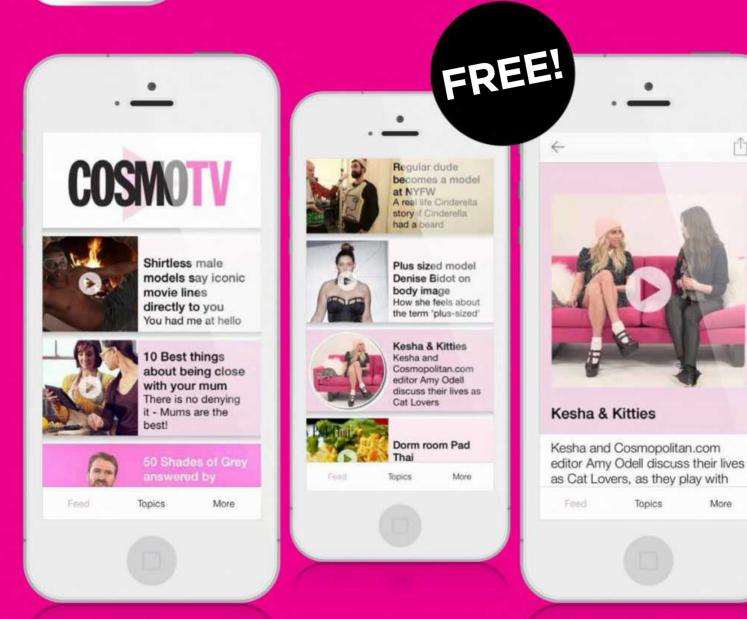


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More



The troubled party boy reveals all his

indiscretions – and they ain't pretty!

ong-suffering Kourtney Kardashian has stood by Scott Disick through thick and thin over the past 10 years. But her loyalties were pushed to their limits the last time she visited him in rehab.

As part of Scott's 90-day treatment program – that lasted just 30 days! - at the exclusive Cliffside Malibu facility, the recovering addict had to get brutally honest with 36-year-old Kourt in a bid to make amends.

Brutally honest, as in confessing to sleeping with 40 chicks - some without protection!

"Scott sat Kourtney down and confessed to all of his bad behaviour, from the years of cheating to the drug-fuelled sex parties... it's the only way for him to move on," an insider tells *Life & Style* magazine. "She was shocked to finally hear about things she'd suspected for years. She was teary eyed."

But Kourtney still hasn't got the whole story, because according to Life & Style, Scott sensationally confessed to a pal that he slept with her sister Khloe, 31, in the Hamptons last year.

"He and Khloe became far too close," spilled the friend. "[They] were partying together and ended up landing in bed – or more accurately, the shower - together."

Making matters worse, the mag claims Scott even boasted

to another pal that he had a drunken one-night stand with Kourtney's youngest half-sis Kylie Jenner, 18. Ew!

While there's no proof to back the outrageous claims, it wouldn't be the first time Scott's stepped out on his missus.

In June, he hooked up with stylist and ex-girlfriend Chloe Bartoli, 25, in France, and more

### Was it a sham?

Despite completing 30 days at the five-star facility, Scott's long-running battle with sobriety has prompted speculation that he may have left treatment too soon.

"You probably didn't finish rehab again, Lord Alcoholic," jabbed one fed-up fan, while another asked, "What are you doing out?

Online cynicism didn't end there. When money-minded Kardashian matriarch Kris Jenner was seen around the Malibu centre the other week with a camera crew in tow, bloggers branded Scott's latest stint as an elaborate stunt to boost ratings!

"If Scott stays sober, [producers] are going to offer him a contract for next season's KUWTK because he is a huge draw," a source tells RadarOnline. "Plus, Kris thinks that his story will be great for ratings. Everyone loves a comeback."

# lept with ISTER?

recently, with 18-year-old model Lindsay Vrckovnik!

Scott's confession has helped him heal and make real progress in rehab, with one insider noting that he "seems like his old pre-addiction self".

But now that he's upped and left the luxurious facility after just 30 days, concerns for his recovery are growing once more.

After all, in the past year, Scott has entered rehab programs in Costa Rica, Connecticut and Florida, only to fail to see out the suggested treatment time and relapse soon after bailing.

But despite all his shocking confessions, which were reportedly filmed for the new season of *Keeping Up With The Kardashians*, Kourt still isn't ready to throw in the towel on their nine-year relationship yet.

In a tearful admission on a recent episode, Kourt said she'd "worked so hard to keep this family together" and is still hopeful that Scott's latest stint will put him back on track.

"She won't give up her family," adds a Kardashian source. "For the sake of her kids." ■



Filming at rehab

Scott gets "huge bonuses" for letting cameras document his latest stint.

> Scott was out of rehab and on the streets of LA on November 11





### Bye-bye, Biebs – the brunette babe's got a cute new man in her life

SEL LOOKED

HAPPIER

In fact, the pair could barely keep their paws off each other, holding hands and gazing into each other's eyes at Italian eatery Cipriani.

"There was some serious chemistry between them," noted an onlooker. "They were super hands-on, and he looked like a really nice guy. Sel looked happier than she has in ages."

What's more, unlike her bad-boy exes - Justin, 21, and flash-in-thepan dalliance DJ Zedd, 26 – friends reckon Sam is not only a great guy, but a real keeper!

Yep, as well as being a handsome young chap, Sel's Prince Charming is super smart, having graduated with a business degree from New York University while also scoring Dean's List honours!

And while he may not be famous, after her rough run with celebrity hunks, Sel recently told chat-show host Ellen DeGeneres that she's dying to date a "normal" guy.

"I don't know if I want someone who's in the industry," she said.

Well, it look like Selena's got her wish!

> Handsome Sam, who's also a model, may have famous friends, but

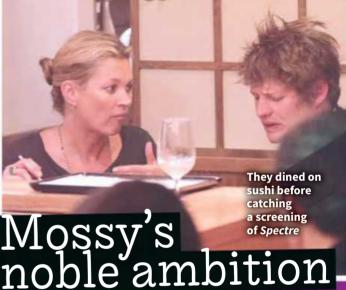
he loves his down-toearth iob as a sales and merchandising executive.

**IN AGES** Most importantly, he also got the stamp of approval from Selena's protective pal Gigi Hadid, 20. Before stepping out with Sel, Sam – who's great mates with both the Hadid sisters - and Gigi went to Heidi Klum's Halloween bash dressed as Grease characters.

> Now the only question is: what should their celeb couple name be? We reckon Samena has a certain ring to it...







Slow and steady isn't a phrase model Kate Moss is used to - especially when it comes to her new, red-hot romance with toyboy Count Nikolai von Bismarck!

In fact, we hear catwalk queen Kate, 41, is determined to lock down her 28-year-old boyfriend and join the

aristocracy!

"The word is that Kate is keen to make this a formal partnership," our source confirms. "She loves the idea of scoring a fancy title!" Indeed, Mossy's wasted no

time trying her lofty new lifestyle on for size.

The British beauty recently returned from a five-star break with her live-in lover on the private Caribbean island of Mustique.

We have to admit, Countess Kate sure suits the supermodel!



## TUNTHING to tell us, Jess

The newly slim star's strange-looking stomach has many wondering if she's had a mummy tuck!

'IT REALLY

essica Simpson's strict diet and exercise regimen has seen her lose a staggering 22kg since the birth of her second child Ace two years ago – but getting her pre-bub bod back has been no easy feat.

While the svelte hottie looked a million bucks as she stepped out in New York recently with husband Eric Johnson in tow, her belly-baring black crop top LOOKED LIKE SHE'D HAD revealed some rather oddlooking ridges on her tum.

SOMETHING And it wasn't long before the rumour mill spun into DONE' overdrive with speculation the 35-year-old singer may have had a little extra help from her friendly local plastic surgeon to shift those stubborn final few kilos.

Indeed, judging by these pics, something certainly seems to be amiss!

Secret procedure? "She's in great shape, so it's only natural

Jess wants to show off her amazing bod. but her tummy looked, well, really weird," noted an onlooker in New York.

The observant fan adds that Jess's odd vertical ridges ran all the way from under her ribcage to the top of her pants.

"It really looked like she'd had something done," says the spy.

Sydney-based plastic surgeon Dr Kourosh Tavakoli agrees that the star's bizarre belly could well be a result of fat-removing and skin-tightening procedures.

"She looks like she's had a tummy tuck combined with liposuction," says Dr

Tavakoli. "The rippling or tethering of the skin is a dead giveaway of liposuction on the upper abdomen, with residual internal scarring. The skin's tight and shiny indicative of her abdominal skin being pulled." Yikes!



### THE RIPPLE EFFECT

Arizona-based plastic surgeon Dr Richard J Brown agrees that weird ripples like Jess's can occur after abdominal surgery

"It could be that [Jess] required more undermining of the skin in that area, or it could be from suturing to the abdominal wall," he explains. "Constant compression and lymphatic massage with a specialist can smooth out these areas over time."

#### No stranger to surgery Indeed, Jess – who also has a three-year-

old daughter, Maxwell - is the first to admit she's open to the cheeky nip/tuck.

In 2006, she confessed to having her lips plumped, saying, "I had that Restylane stuff," but that she hated the feel of it.

She later admitted she'd be open to serious surgery, "If my boobs dropped down to my belly button!"

Luckily, it looks like you're still a long way from that, hon! ■





## MITH ANNY EXPOSED!

left Gwen in hospital following the birth of their third son Apollo in February 2014 to go and have sex with Mindy.

"They were hooking up all over," the insider claims. "Gavin couldn't control himself."

What's more, while Gwen was filming *The Voice*, the *Us Weekly* source alleges Mindy would take the kids to see Bush rocker Gavin on tour – and have sex with him on the tour bus the minute the kids fell asleep!

Their fling almost got blown wide open in 2012, though, when the duo were snapped on a hike with sons Kingston, nine, and Zuma, seven – and 50-year-old Gavin's hand on Mindy's butt!

Flying into damage control, his camp insisted he was just trying to "keep her from falling", while panicked pals attempted to pass Mindy off as Gav's sister Soraya!

Of course, Gwen's always had her suspicions, revealing in 2002, "I'm in a band, I know exactly what goes on backstage. I wish I had a little leash to walk Gavin round."

In fact, she and
Gavin split several
times in the early days
over his alleged dalliances
with All Saints singer Nicole
Appleton, Corrs frontwoman
Andrea Corr and Courtney
Love, who's confirmed Gwen
"does know" about their fling.

And that's just the tip of the iceberg! In 2004, their two-year marriage was shaken to the core when a DNA test proved Gavin was the secret father of his then-15-year-old goddaughter, model Daisy Lowe, even though he'd always denied sleeping with her mum Pearl!

"It was a very rocky time and very stressful," says the *Us Weekly* insider. "But Gwen is a Catholic girl who was determined not to divorce."

But a girl can only take so much, which is why Gwen has ditched her no-good ex for good and is starting on a fresh future with new beau Blake Shelton.

"I'm living in the moment, you know what I'm saying? I'm actually so grateful just to feel so alive," says Gwen. "Honestly, I'm feeling everything so much and that's great."

Unfortunately, it looks like she's out of the frying pan and into the fire... ■





Not long after Mindy – a selfconfessed Gwen Stefani fan – was hired by the famous family back in 2008, things got creepy.

"Mindy began posting pictures on social media dressed in a similar way to Gwen," says a family insider.

"If Gwen would eat something or do a workout, or get a new handbag, Mindy would do the same."

The same went for Gwen's taste in men, it would seem...











Is the singer headed for more heartache with bad-boy Blake?

he 'Nannygate' scandal has been the cruellest of blows for Gwen Stefani, but it looks like she could be on track for another broken heart.

Instead of feeling relieved now that her relationship with Blake Shelton is out in the open, she's faced with allegations her new man's a no-good, booze-swilling, opportunistic love rat. Yikes!

Indeed, if Gwen thought Gavin had skeletons in his closet, she may be facing another packed wardrobe with Blake, who ended his four-year marriage to fellow singer Miranda Lambert in July.

There has been a flurry of tabloid speculation that the marriage of country music's golden couple was blighted by booze-fuelled arguments.

"He's a womanising booze hound," says an insider, "Blake cheated on Miranda and he'll do it to Gwen, too. She's divorcing one cheater for another!"

XIC Blake

What's more, with Blake, 39, and Gwen both splitting from their other halves within weeks of each other, questions are being asked about how long the Voice co-judges have been carrying on their secret fling, which was first reported several months ago!

Perhaps worst of all, those in 46-year-old Gwen's inner circle fear country star Blake may be using her for her industry connections to further his career among the pop crowd. He's already reaping the benefits of being the new Mr Stefani, with news they've recorded a duet!

"Of course he's acting like the perfect guy - he's onto a big thing," adds our insider.

Some cynics even think the fling between Gwen and Blake has been orchestrated to boost ratings for The Voice!

"The executives are even hinting to them that, when it gets to battle round, they should play it up for the cameras so they purposely steal each other's eliminated contestants," spills a production source. Game on! ■

'HE'S A WOMANISING BOOZE HOUND. BLAKE CHEATED ON MIRANDA'

> WHAT THE CLUCK?

'Blake's totally using Gwen' says our insider. 'He loves

> high-profile women.'

Blake has a reputation for working hard and playing even harder. In 2013, the crooner was snapped passed out in a chicken suit after a bender that allegedly started at 1pm! But it seems Blake's now trying to keep it together to impress Gwen. "He's pouring on the charm and reeling her in quickly," says our insider. "She's dazzled by him, but it's a real worry... This new guy's got a booze problem.

Im so drunk right now I just walked in to

Kentucky Fried Chicken and shouted "Finger

licking good?!! Can yall dump my order in

If you thought Gwen's divorce was dirty...

While Gwen and Gavin's once-amicable break-up looks to be headed for stormy waters thanks to the Mindy Mann allegations, they're not alone! Miranda and Blake's split has become increasingly savage since they parted ways in August, with all sorts of claims flying around - including reports of substance abuse and cheating on both sides!





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Is her cash-hungry boyfriend Tyga lining her up for a seedy sex tape?

ylie Jenner's klan aren't exactly shy when it comes to whipping off their kit for the camera.

But explosive revelations have lifted the lid on her boyfriend Tyga's seedy pornography past and his secret efforts to turn Ky into his own adult-movie star!

> In an exclusive interview with NW, porn actress Raylin Christensen - aka Skin Diamond - claims cash-hungry Tyga's plans are already well under way.

Disturbingly, we're told Tyga has started filming some of his sexcapades with Ky.

"He always tells her he deletes the footage, but he never does," savs our Kardashian insider.

Raylin, who appeared alongside porno director, producer and actor Tyga in his 2012 flick Rack City XXX, says he's been grooming Kylie into becoming the perfect porn star.

And since 18-year-old Kylie started dating Tyga, 25, she's transformed from a freckle-faced girl-next-door into a sex bomb with puffy lips and huge boobs –

# PORNO NDAL

a look synonymous with her Kardashian sisters.

It's also a look that Raylin says is the new benchmark for every modern-day porn star.

"Those big, voluptuous, injected lips and false eyelashes – Kylie looks a lot older than she is," says 28-year-old Raylin.

"She'd have a lot of success, she'd be the biggest in the business!"

Kylie's 35-year-old sister Kim made more than \$65 million from aga selling the rights to her 2006 sex tape with then-boyfriend Ray J.

However, Raylin's worried that Kylie following Kim's lead with Tyga – who insists he's "proud" of his porno past – will have devastating effects.

"Kim had her sex tape, I guess they were all cool with that, so her mum Kris Jenner would probably be down with it if Kylie made one," says Raylin. "But when you're 18 or 19 you don't fully know what you're doing yet."

Raylin, who's starred in more than 300 hardcore movies, says the porn industry can be dangerous.

"People are going to want to take advantage of you. But when it comes to the sex trade, it's more ruthless," she says. "Wannabe porn directors and the amateurs who are skeeving are the ones who are typically going to try and get girls to do things they don't want to do. "I've heard of girls getting into the business and getting mixed up with the wrong people."

While Raylin insists Tyga – who owns porn site rackcityxxx.com – was "super, super sweet" and professional when they worked together on his first porno, four girls who appeared in the music video for his 2011 track *Make It Nasty* tell a very different story.

All four dancers filed complaints against Tyga and his entourage,

alleging they were tricked into baring their breasts during the

WOULD BE raunchy shoot.

THE BIGGEST One girl,
Allison Provent also

IN THE BUSINESS' Allison
Brown, also claimed she was plied with alcohol and

groped by an extra.

The case – in which she also alleged sexual battery, fraud and more – was settled out of court for around \$50,000.

Yet Allison says Tyga has so far only paid her half of that.

But if the rapper masterminds his own Kardashian sex tape with Kylie, he could be a multimillionaire overnight.

Let's hope Kylie sticks to Snapchat vids! ■

## The porn star tells all!

While Raylin reckons Tyga didn't actually get down and dirty with any of the porn stars during filming of his hardcore movie Rack City XXX, he was keen to show off his acting chops by taking on a cameo role!

Not that Tyga's part - thankfully for Kylie - is exactly memorable!

Ravlin appears alongside Tyga in both of her scenes. In one, he wakes up in bed next to her and leaves the room before another male actor comes in and the scene starts. In the other, Raylin says Tyga is seen "walking around his house in a daze and all these porn scenes are happening around him. He looks in the mirror and in the reflection he sees me and Daisy making out in the hot tub". Deep! Unfortunately for Kylie, her man's got a knack for making successful smut, because his debut scored three nominations at the Adult Video **News awards! And Raylin** reckons never say never when it comes to him doing a second, adding that Tyga "still has contacts in porn" that he's determined to

exploit. Yikes!

Tyga watches on in his flick Rack
City XXX.





three months in 2010 – asked her pal Cara Delevingne for her new digits back in June, explaining he wanted to apologise for the way he dumped her.

Given the 25-year-old's relationship with current DJ beau Calvin Harris is reportedly rocky, he might be in with a chance!



## ARE ED AND PARIS THE MOST RANDOM MATCH?

Yes, but not in that way! While Ed Sheeran and Paris Hilton haven't hooked up – yet! – the socialite wants to record a duet with the ginger crooner.

"I am blown away by his lyrics and music," she told *The Sun*.
"He is an incredible talent and I would love to work with Ed."
The 34-year-old has gushed over the Brit before, tweeting, "Such a nice guy," after meeting him at the Grammys last year.
But with Ed, 24, taking a hiatus at the end of 2015, she better





# This BIG week's BIG QUESTIONS

Cheat's guide to all the goss!





Palm Springs, California, Whitney Port was all too happy to spill the deets on her fashion-forward

Ashi Studio couture gown – which was inspired by vintage chandeliers from Venice and Florence. But she's remained

and if any of her other Hills pals even got an invite!
Still, the 30-year-old bride had a magical time nonetheless.
"I felt like I was floating. It was by far the best moment of the night," she tells Us Weekly magazine of hearing Tim say his vows. Aww!



Uh-oh!

#### **DOES IRELAND NEED TO GO BACK TO REHAB?**

Maybe! Ireland Baldwin, 20, certainly looked worse for wear as she left the Fallout 4 video game launch party in LA recently, prompting fears the budding model has fallen off the wagon.

Back in April, the troubled daughter of Alec Baldwin and Kim Basinger spent three weeks at Malibu's SOBA Recovery Center – which specialises in treatment for drug and alcohol addiction - for "emotional trauma".

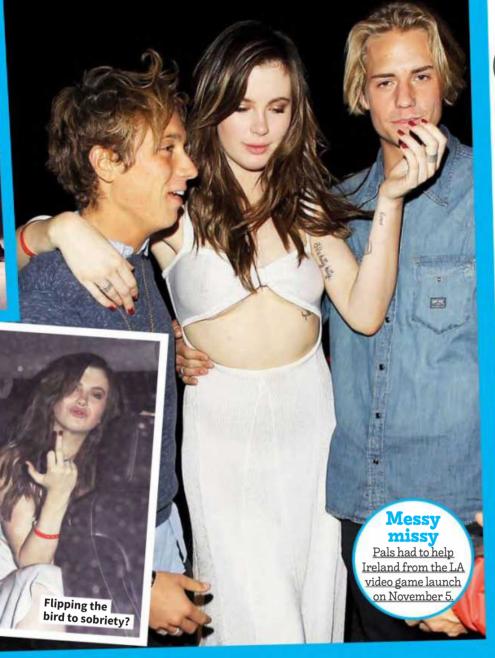
What's more, the latest incident comes just weeks after she was spotted lying on a New York footpath with a mystery guy. Hmm... Let's hope Ireland's old demons haven't returned!



## IS ARIANA TURNING INTO AN EVEN **BIGGER DIVA?**

Ariana Grande seems to give zero f\*\*\*ks when it comes to keeping her fans happy! The 22-year-old singer was due to perform on *The Jonathan Ross* Show in London to promote her new single Focus, but ditched her date with the Brit presenter at the last minute.

"She was booked but the lazy little f\*\*ker has not come," the peeved host told his audience of her no-show. "I apologise to anyone who might have come along hoping to see her.' Ari's got some explaining to do!





She shot down romance rumours just last month, but Kaley Cuoco, 29, and Johnny Galecki can't seem to keep their hands – or mouths – off each other!

The *Big Bang Theory* co-stars – who secretly dated from 2007 to 2009 – attended the *Fallout 4* launch party in LA together, with 40-year-old Johnny taking to Instagram to show off his hot date.

"Hilarious night out in the LA arts district," he captioned the pic of him playfully nipping the newly single actress on her shoulder.

Watch this space!







# reveal UCH, AST?

And while Rob's already been on it for 10 days, he wants to stay on it for as long as he can – something British obesity and nutrition expert Professor John Garrow says could be fatal.

"The heart of someone who is starving is eventually reduced to a stage at which it can no longer perform what it's there for – pumping blood around the body," he explains.

Scarily, Rob doesn't care how much suffering he has to endure.

"He's already getting horrible headaches and dizzy spells. It's destructive for his health but all Rob cares about is not being fat anymore," adds the insider.

Adding to his woes, Rob's contractually obliged to make his big reveal on *Keeping Up With The Kardashians* – even though he resents being part of the family circus and hates what he believes his mum has done to "exploit" close friend Lamar Odom's recent drug overdose.

"He's not getting paid if he doesn't film," a production source confirms to *Us Weekly*. "Rob has a \$2 million-a-year contract. He realised he couldn't give up this huge opportunity."

But there's hope on the horizon – in the form of Kanye West!

"It's Kanye working his magic," says another source. "He's been a great motivator. He told Rob how he got into shape after his [2002] car accident and at a time when he was down in his life."

If Kanye can do it the healthy way, so can you, Rob! ■









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"Johnny's demanded assurances from Lily-Rose's mum [Vanessa Paradis] that everything is above board," adds the insider. "After all, she's little more than a kid."

And given his own chequered past, it's no wonder Johnny's got Ash's card marked.

"Johnny's got no doubt about what Ash used to get up to, and seeing Lily-Rose all over this skinny tattooed guy, grinning from ear to ear, has freaked him out," says our source.

"His protective papa bear has come out roaring!" ■



Male model Ash is a familiar face on London's boozy rock scene, and

in 2010 he was spotted leaving the notorious Hawley Arms pub with Amy Winehouse. He also has a three-year-old daughter with his ex-wife.





It sounds like sizzling supermodel Bella Hadid is taking a break from her six-month romance with The Weeknd, 25, with whispers she's reconnected with her former flame Matthew Morton on the sly!

Not only did the 19-year-old model — who was mysteriously absent from the Victoria's Secret Fashion Show, where her boyfriend was performing and her sister walking — invite Hard Rock Cafe heir Matt to her birthday bash in October, but the pair have reportedly been meeting up for months.

"They run in the same circles," a source confirms o US gossip source *Page Six*.

In fact, insiders reckon Bella has been cheating on the Weeknd – real name Abel Tesfay – the whole time!

"Before Bella and Abel got together, she was sleeping with Matthew... And they never stopped,"

"Abel's a great guy. Nobody understands why she would want to ruin a good thing, but she has shame in her game."

?









Um, what split?! Hollywood's cutest couple have news of the happy variety!

ur hearts all but broke when we heard that Chris Pratt and Anna Faris were on the verge of splitting up. But it looks like our favourite Hollywood couple are back on track, with insiders revealing they're expecting!

"They've been actively trying for baby number two for ages... they feel like they've

hit the jackpot!" a friend of the couple tells *NW*.

Tellingly, the picture-perfect pair couldn't have looked happier as they cuddled during a recent family outing in Atlanta, Georgia.

"He kept touching her belly – it was so sweet," says an onlooker, who noted no sign of tension. "If anything, they were acting more like newlyweds."

In town while Chris films the science-fiction flick *Passengers* with Jennifer Lawrence, the proud parents even managed to sneak in some PDA while doting over their three-year-old son Jack. Too cute!

It's no secret that the clucky duo have been eager to expand their brood, with the actress revealing in 2013, "We've always envisioned a zoo."

But trying to grow a family isn't always an easy task, so it's hardly surprising that the usually peaceful pair are said to have been butting heads lately.

Given that she's 38 and suffered complications with Jack, Anna was starting to fear she'd missed the boat with having another child.

"I wish we didn't have this biological clock," the actress fretted in the April issue of US magazine *Health*. "I'm thinking we have to start talking about it, looking at all kinds of options."

But now Anna's dream of giving Jack a sibling looks to be a reality, it's time for the gorgeous couple to celebrate.

Still, with Jack arriving nine weeks early back in August 2012, the actress is going to have to take things easy this time around.

"[It will] definitely be a whole new complication because now I'm, like, a high-risk pregnancy, so it requires some different monitoring," she explains.

"My doctor's like, 'I don't think you'll have to be on bed rest the *whole* time."

Not to worry. We're sure her doting hubby Chris – who reckons none of his achievements as an actor "mean anything compared to being someone's daddy" – will be more than happy to wait on his gorgeous wife around the clock! ■













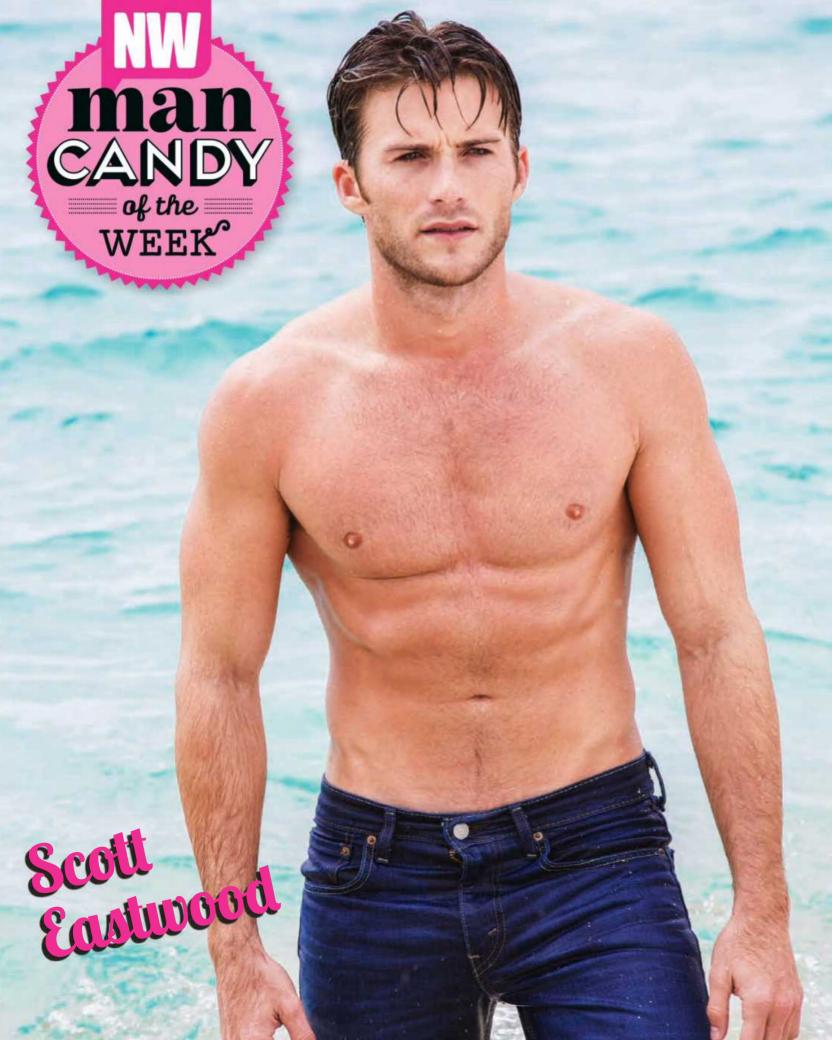






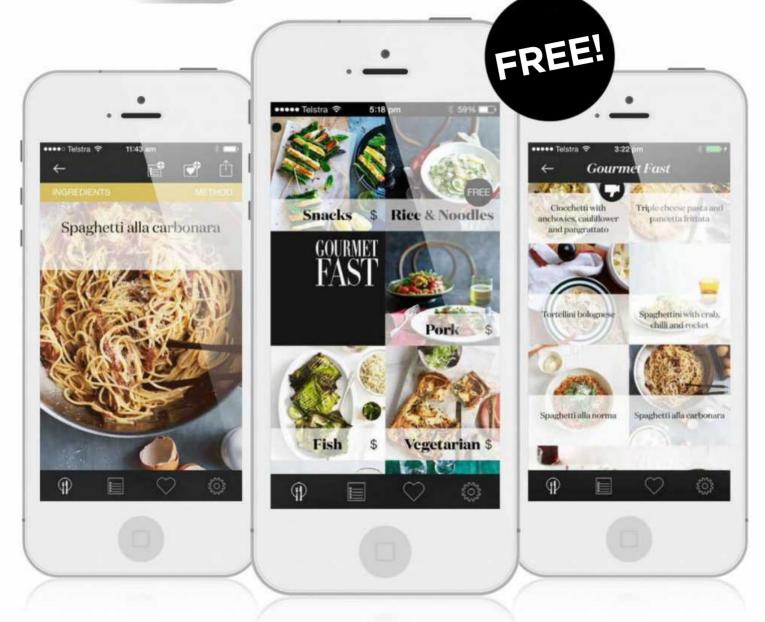








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## FINISHING T

Have fun with accessories this season and take your pick













OUCHE

from the 10 trends taking over!







**INSTA**glam

Giorgio Armani Face Fabric Foundation In 1 **\$84** 1300 651 991 Estée Lauder Double Wear Brush-On-Glow BB Highlighter \$38 esteelauder.com.au

## Get their signature looks!

## Glow getter

"My favourite foundation is Armani Face Fabric," says Kendall. To get that amazing radiance, use the Brush-On Glow BB Highlighter. Estée
Lauder Pure
Color Envy
Sculpting
Eyeshadow
5-Color
Palette In
Fiery
Saffron
\$90
esteelauder.
com.au

### Pretty peepers

"This is definitely one of my favourite shadow palettes from Estée Lauder," says the brand's spokesmodel. Charlotte Tilbury Filmstar Bronze and Glow **\$97** charlottetilbury. com/au

## Chic cheeks

Celebrity make-up artist Rob Scheppy uses this to chisel the cheekbones of stars like Kendall.

## **CLASSIC KENDALL**

She's one of the hottest models of the moment and rocks a style that's classic, understated and just so polished. Favouring a more natural look than her sister Kylie, Kendall works a red lip like a boss and does effortless off-duty beauty just as well. Check out her faves to help you nail her look.

## Lip love

"This is one of my favourite lips," says Kendall. "It's awesome. It's bright — and I love bright. Red is always a good colour."



Color Envy Sculpting
Lipstick in Carnal
\$50
esteelauder.com.au

### Long lashes

"I love mascara!" gushes Kendall.
"I love the way it lengthens and separates my lashes."

Estée Lauder Sumptuous Infinite Daring Length + Volume Mascara **\$48** esteelauder.com.au





### Face base

"My usual go-to is the Charlotte Tilbury Light Wonder Foundation," explains Kylie. "You can still see my skin through it. And the Bobbi Brown yellow powder cancels out any red in my skin."

**Charlotte Tilbury Light Wonder** Foundation in 2 \$70 charlottetilbury.

Anastasia Beverly Hills Contour Kit \$66 (02) 9221 5703

Sure, Kylie's had some help in the lip-plumping department, but you can DIY her signature '90sstyle pout. "I like lip liners over

KYLIE'S GLAM SQUAD GO-TOS

Gerard Cosmetics Hydra Matte Liquid Lipstick in Serenity **\$21** 

crushcosmetics. com.au



ModelCo Lash & Line Superlash Mascara + Liquid Liner **\$24** modelcocosmetics. com

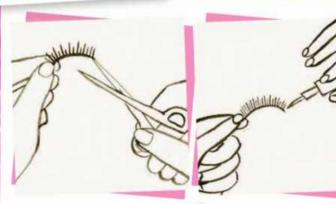
> Ardell Glamour Lashes in 101 Demi Black **\$9.99** (02) 8709 8800

Lashes in Pretty-Girl **\$12** 

False
Lashes 101

Your essential guide to getting it right

If you've always wanted to try fake lashes but never been brave enough, this is your chance. Here, we break it down, step by step, with celebrity make-up artist Helen Dowsley's simple guide to applying a strip lash. She's been responsible for the lovely lashes on *The Bachelorette*'s Sam Frost, so keep Helen's tips handy and try this trend on your next night out.



1 Apply your make-up, including eyeliner and mascara, before measuring the strip lash against your lashline. Cut to size. If you only want lashes to sweep out at the edges, cut the lash in half and apply to the outer corners of each eye.

2 Hold the end of your strip lash, guide glue along the band of the lash and wait for the glue to become tacky. This can take about 15 seconds. Go for a dark-coloured false-lash glue, as it'll be less obvious if you mess up.



3 Look in the mirror and tilt your forehead away to extend your eyelid – this makes falsies easier to apply. Using tweezers to hold the fake lash, slide the strip up to where your lash begins. Don't apply lash to skin as that will cause a gap.



4 Using your fingers or tweezers, pinch your false and real lashes together so they blend. Apply one more coat of mascara to finish.

Ardell LashGrip Eyelash Adhesive in Dark **\$6.99** (02) 8709 8800





body that's more banging than ever

etting back to pre-baby tone and strength can be a struggle for even the sveltest of senoritas. Just ask Jessica Biel, who's working hard by climbing her way back to fitness!

And by the look of things, gorgeous Jess has managed it - and here's how!

A fan of yoga, hiking and weight training before and after having son Silas, Jessica toned up with the latest Hollywood fitness craze - indoor climbing.

These full-body sweat sessions target those little muscles you didn't even know you had and, as a bonus, it's fun. Well, unless you suffer from a fear of heights!

When it comes to whittling her waist, Jess follows the Paleo diet, which focuses on fresh fish, lean meat,



On top of that, she goes back to basics.

"For me, getting enough sleep, drinking lots of water, having a healthy diet and staying away from alcohol are musts," Jess says.

"It's so boring, I know, but doing those things really helps."

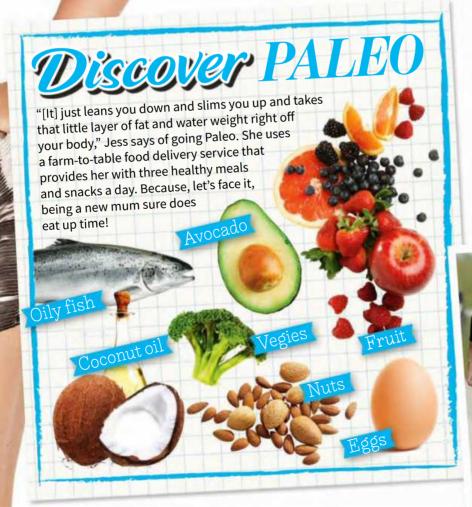


But as a new mum Jess

- who says she's "a big advocate of recreational sports" like hiking and cycling - isn't pushing herself, instead working on slowly getting back into her exercise regimen.

"She can't really lose everything [weight-wise] because she's breastfeeding. It's going to take a while," Jason explains. "We can do enough to progress and get back into it." Slow and steady wins this race!

.



## CONTINUIS brand-new bod

Since having son Reign, her third child, almost a year ago, Kourtney Kardashian's lost an incredible 20kg due to clean eating an plenty of exercise.

In the past few months she's also amped up her fitness regimen and recently revealed that exercising really helps her emotionally, captioning a gym selfie, "Working out is one of the only things that helps when I'm feeling anxious."

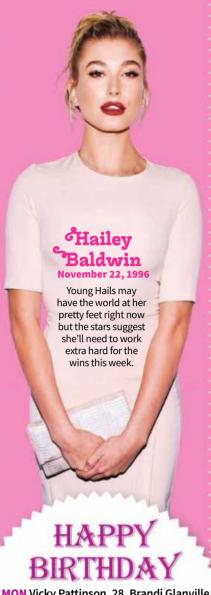
Kourt loves the outdoors, especially with her mummy friends, and her Instagram is packed with snaps of her hiking and trying out new fads, such as cycling underwater or glow-inthe-dark golf.

She also works out three to five times a week doing Don-A-Matrix, a cross-training technique that uses resistance bands.

Kourt's in amazing shape once again



- 1 Show off your results 2 Do strength training **3** Get outside
- 4 Have fun while you train 5 Train with your squad



MON Vicky Pattinson, 28, Brandi Glanville. 43 TUES Rachel McAdams, 37. Danny DeVito, 71 WED Owen Wilson, 47 THURS Tyga, 26. Calvin Klein, 73. Jodie Foster, 53. Meg Ryan, 54 FRI Bo Derek, 59. Michael Clifford, 20 SAT Carly Rae Jepsen, 30. Goldie Hawn, 70. Bjork, 50 **SUN** Scarlett Johansson, 31. Hailey Baldwin, 19

## The week ahead with Adele Lang

**Scorpio** OCT 24 - NOV 22

Immense solar energy should help to swell your coffers - but you'll have to work hard for it. This isn't going to be one of those lucky weeks where making extra cash proves a complete breeze. Still, if a money-minded Scorp girl can't rise to the occasion, then nobody can.

**Aduarius** JAN 21 - FEB 19

Venus predicts problems for those unwilling to walk away from pointless arguments with either a housemate or neighbour. Yes, you love a good debate and tend to win most of them. But this week you won't be awarded any prizes for taking on someone who's just spoiling for a fight.

Taurus APRIL 21 – MAY 21

With Uranus still retrograde, don't expect miracles at work. Colleagues will continue to be unhelpful and projects will be delayed. Cheer vourself up with the thought that this time next month, things will go your way. Until then, focus on having as much fun as possible after-hours.

**Leo** JULY 24 - AUG 23

Stuck in a dead-end job or romantic rut? This week's lunar activity could inspire dark thoughts as to where your life is headed. To be honest, this is no bad thing. By thinking seriously about what your future holds, you might be forced into taking positive action over the next seven days.

**Sagittarius** nov 23 - dec 21

Some domestic decisions are out of your hands. Rather than try to regain control, let it be. Easier said than done, of course, given your naturalborn need for determining your own outcomes. Whoever is deciding your fate won't do you wrong - especially if you act like charm personified.

**Pisces** FEB 20 – MAR 20

So many planets are rushing forward at the moment, it's a wonder you have time to read your NW horoscope! Still, it's a good job you're giving yourself small bouts of rest. Racing about nonstop in a bid to fulfill everyone else's needs and demands isn't good for any Piscean's soul.

**Gemini** MAY 22 – JUNE 21

Jupiter's influence bodes well for coupled up Twin types. Romantic bonds will be strengthened a great deal. Singletons, however, might have to watch their step this week. You might come across as intense and scare suitors away. Playing it cool is this week's golden rule.

**Virgo** AUG 24 – SEPT 23

Your health planet Uranus wants you to improve on your diet and increase the amount of exercise you do. This isn't because you'll be struck down with ailments galore. But a fitter body will lead to a clearer mind. And given your future workload, you're going to need to be very focused!

Capricorn DEC 22 - JAN 20

Caps keen on advancing their career should listen to advice from family and friends. While opinions solicited from acquaintances and colleagues have value, they won't be taking into account what's going on after-hours. Those who know you well (and love you) should have the final say.

Aries MAR 21 - APRIL 20

A trip down memory lane has the power to heal emotional wounds. According to planetary patterns, you need to look back on life before you can move forward. Maybe it's a place or person you're missing. Whatever is making you feel sad and wistful needs to be addressed soon.

**Cancer** JUNE 22 – JULY 23

Nobody would blame you if you did a disappearing act from a difficult situation. Nevertheless, astro trends indicate you'll be better off facing a financial or business problem head-on. Bear in mind you have friends and family who'll support you through these testing times.

**Tibra** SEPT 24 - OCT 23

This star-gazer urges you to pay more attention to what people do, rather than what they say. A silver-tongued lover or a manipulative boss might talk the talk, but whether or not they follow up on promises remains to be seen. Listen, then watch. If they fail to deliver, take them to task.

## Your weekly LOV E planner

Romance looks set to be a scorcher Might be more fizzle than sizzle

Expect more than a few warm, fuzzy feelings Hmm, maybe wear your thermals

	Aries	Taurus	Gemini	Cancer	Leo	Virgo	Libra	Scorpio	Sagittarius	Capricorn	Aquarius	Pisces
MON	***	**	•	**	***	*	**	×	***	*	•	•
TUES	***	**		×	•	***	×	**	***	•	44	×
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Monday nights are all about the little things #iheartnw #nwmag #nw #kardashian #khloekardashian #victoriabeckham #celebrity #pink #cute @stephbunnyxo



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## **NW**puzzleร ํํ



## Who am 1?

quin \$100

- I was born in London in 1977.
- ▶ I had small parts in Band Of Brothers and Black Hawk Down, before scoring my breakthrough role in 2002's Star Trek: Nemesis.
- ► A former alcoholic and crack cocaine addict, I've been clean since 2003.
- ► My standout roles include Max Max: Fury Road, The Dark Knight Rises, Lawless and Inception.
- ► In my current film *Legend*, I play notorious London gangster twins Ronnie and Reggie Kray.

to enter SMS 199 47 474 SMS cost 55c (inc GST) OR CALL 1900 967 474 Call cost 55c (inc GST)

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## Name that star!

Hidden in the box are some celebs' names. Use the pics to help you find their names, which are split into two and can be found in straight lines up, down, forwards, backwards or diagonally. The leftover letters reveal the name of another famous person.

Win \$100 S C H U L Z D A V I D E S C M A H K C E B C M A R A C H E L K A R A N G T P L B F R E T J Y O T A L T F I W S T E J S U Y A O K G T H N S N L M L N R L Y A O T S I I K O O Y L R O H M Z C B T R N E R R E Z A I A N N N S Y J Y J N S S A O E N



















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## SUDOKU

Fill in the blank squares so that every row, column and 3x3 square contains all numbers from 1 to 9.

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## Winners

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**Picture quiz answers** 

A Cara Delevingne B Candice Swanepoel C Miley Cyrus D Rihanna E Alexa Chung

#### Crozzle No. 41/15 J. Whelan

Pioneer Bay, Vic Solution Anne Boleyn Who Am I? No. 41/15 F. Gills

Inala, Qld Solution Sarah Hyland Name That Star No. 41/15

A. Butcher Atherton, Qld **Solution** Taylor Swift

#### Last week's Sudoku

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8	2	1	6	3	7	4	9	5
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7	1	8	4	9	5	3	2	6
5	3	9	2	7	6	1	4	8

## PHOTO Quiz

A-LIST OVERALLS Whose dungarees?





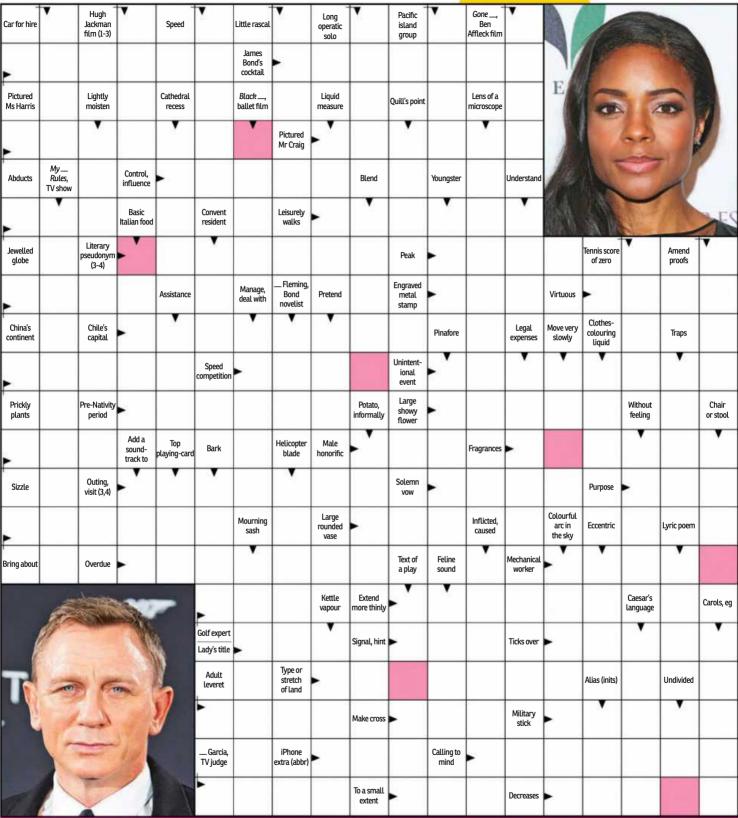






CHOOSE FROM THESE CELEBS!
Rihanna, Miley Cyrus, Cara Delevingne,
Alexa Chung, Candice Swanepoel

# CROZZLE Nin \$250



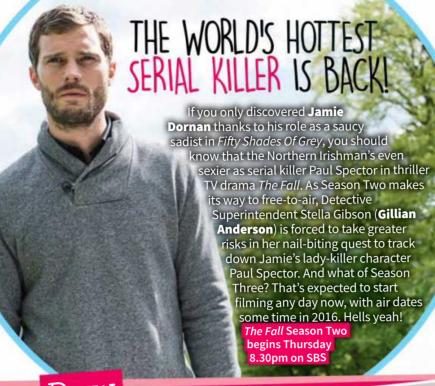
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# goes wild with words!

**Drew Barrymore** is celebrating turning 40 this year with a collection of autobiographical essays! From making E.T. at seven ("[Stephen Spielberg] took me in, a girl who needed a father, and it meant the world to me") to going to rehab at 13 and divorcing her parents at 14, no topic is too personal for the candid Charlie's Angels star. Musings on her inherent clumsiness will have you giggling, while her complex relationship with her late father, actor John Barrymore, will have you reaching for the tissues. A must-read for any fan. Wildflower is out now



# J.Lo's double wammy!

She's known as one of the biggest divas of all time, so we'd naturally love to be a fly on the wall in **Jennifer Lopez**'s dressing room at the American Music Awards – after all, she's

not only performing at the shindig but hosting it, too! "Can't wait!" she

tweeted ahead of the LA bash.

As if seeing J.Lo rock that booty wasn't exciting enough. the show will also features stellar performances from the likes of One Direction. Nick Jonas, Demi Lovato, Selena Gomez and our own 5 Seconds Of Summer.

As for the noms, **Taylor Swift** leads the way with six – why aren't we surprised? – followed by **The** 

Weeknd and Ed Sheeran with five each

American Music Awards live midday, repeated 8.30pm November 23 on FOX8



### **B430**

Channel [V] host Danny Clayton gets paid to travel around the world in the new season of B430, living like a local in Paris, Tokyo, Rio De Janeiro, Barcelona, New York and Reykjavik. Lucky bastard!

Season Four premieres Wed 9.30pm Channel [V]



### SECRET IN THEIR EYES

Julia Roberts has a huge make-under in this remake of a 2009 Argentinian thriller, playing an FBI agent looking to avenge the murder of her daughter. Her FBI partners (Nicole Kidman and Chiwetel Ejiofor) will need to find the killer before she does!

In cinemas Thursday



# DVD

### JANE THE VIRGIN

There are so many questions to be answered! Will Jane (Gina Rodriguez) get her baby back? What will happen to her relationships with Michael (Brett Dier) and Rafael (Justin Baldoni)? And what does scheming Petra (Yael **Grobglas**) have planned?

Season Two premieres Tues 8.30pm on FOX8



### **BRAND: A SECOND** COMING

He describes the celeb world inhabited by his ex-wife Katy Perry as "vapid, vacuous, plastic, constructed, mindless". But that's not the only thing **Russell Brand** has choice words for in this doco, which charts his shift from bad-boy comic to anarchic activist. Out now on DVD & Blu-ray





Hollywood's royal couple open up about how making a movie together became a relationship nightmare

rad Pitt and Angelina Jolie had tongues wagging from Tinseltown to Timbuktu when they fell in love on the set of their 2005 flick Mr & Mrs Smith - while the actor, now 51, was still married to

### Jennifer Aniston!

Now, 10 years, six kids and a long-awaited wedding later, they're reunited on screen once again for Ange's latest directorial effort By The Sea.

"The first film, we had a lot of fun because of the subject matter," Ange, 40, reveals.

> "This film, it's very, very heavy... It's not really fun."

With recent tough times like Ange's preventative double mastectomy added to

the mix, playing a couple in a failing marriage while on their real-life honeymoon almost proved too much.

Indeed, the strain appeared to surface during a heated argument

on the balcony of their Sydney hotel last November, just weeks after filming wrapped.

Here, the intensely private couple talk candidly about their passions and struggles - on screen and off...

### What was it like making this film together?

**Ange** The tricky thing is directing myself and directing Brad. It's hard, dramatic MEANS I CAN material. It's a heavy **BREAK WIND** film and it's not easy for us. But even as you struggle through it, you're in the trenches together and you don't expect it to be easy.

**Brad** She's decisive, incredibly intuitive, knife-sharp and, might I say, sexy at her post. I trust her with my life.

A There were days during filming last year when we were really worried and it was hard.

### Your characters are intense. What was it like on set?

A I'd be directing myself and him in a scene where we're having a fight, and I'd be pulling out the parts [of him] that have an aggression toward me, or when you're frustrated with each other - it was very heavy.

**B** It's not always a pleasurable place to be, as far as the 'BEING

MARRIED

IN BED'

scenes are concerned.

### Do you fight like any husband and wife?

A The sparks fly at home if the nice Brad fails to see when he's wrong and reacts in a defiant way.

Then I can get so angry that I tear his shirt. We have more moments where I say, "I'm going to be a better wife. I'm going to learn to cook." And he says, "Oh, honey, know what you're good at." But I do like a "No, no, no, I'm going to get this wife thing down." He knows my limitations and where I'm a good wife and a good mum.





### So what rules do you have to keep it a happy marriage?

A I doubt that fidelity is absolutely essential for a relationship. It's worse to leave your partner and talk badly about him afterwards. **B** There are no secrets at our house. We tell the kids, "Mum and Dad are going off to kiss." They go, "Eww, gross!" But we demand it... Being married means I can break wind in bed. Given your at-times rough ride, at what point did you realise you were going to be together forever?

A For me, the big moment was when we signed the [joint adoption] papers for Maddox and Zahara. That was a decision to parent together, to commit to being a part of each other's lives for the rest of my life.

**B** Yes. One of the best things I've done is ensure my kids have a good mother. Angie is a force she cares deeply.

### Brad, you must be so proud of how brave Angie's been recently.

**B** There was no vanity to my wife's approach. It was mature. "This is our life and we're gonna make the best of it." There's a strength in that. It was another one of those things in life that makes you tighter, and she was doing it for the kids and she was doing it for the family.

A I knew through the surgeries that Brad was on my side and that this wasn't something where I was gonna feel less of a woman, because my husband wasn't gonna let that happen.

### Are you worried about how the film will be received?

**A** I know some people are going to hate it. Some are going to like it, but it was important to me to feel like an artist again. We're proud of ourselves for being brave enough to try it.

By The Sea in cinemas Nov 26

Tom and Nic – it took 400 days to shoot! The fall-out The film was hot, audience reaction was warm, but their 10-year marriage went cold in 2001.

### **KATY PERRY AND** JOHN MAYER FLOP FACTOR 🤏 🧓 🧓

The project Katy featured on John's 2013 song Who You Love. The fall-out The on-off couple

split shortly after the song was released in early 2014, but rumour has it they're back on.

### **BRAD PITT AND** JENNIFER ANISTON FLOP FACTOR

The project In 2001, Brad appeared on Friends as Jen/Rachel's nemesis Will who started an "I Hate Rachel Greene" club in high school with Ross. The fall-out They loathed each other on the show, but it was all rosy in

real life. Um, until he met Ange on the set of Mr & Mrs Smith in 2004.











"First things first – if you're drinking and remember it, then you're not drinking enough. If you're really in a blackout, then you won't remember anything and that's why we all need a good blackout. That said, if you're feeling that this might be the beginning of something demonic, then you should talk to a professional. Pushing your man over isn't a good look."

### Hi Brandi,

There's this new guy at work and he totally stinks! I don't know how he got away with smelling like this for so long, but it's making me not want to go into work. Other people have been talking about it, too. I don't want to be unkind, but at the same time he needs to know! Is it my place to tell him? I was thinking about putting an anonymous note on his desk, would that be kinder than an email or telling him to his face? **Katie, Vic** 

"Yuck, there is no excuse for that and he probably smells because no-one has ever had the guts to tell him. Put some deodorant on his desk with a note that says, 'Use me. You stink!' If that doesn't work, then tell your boss that something needs to be done, because you can't give your best holding your nose and gagging all day. Don't worry – you'll be doing him and everyone else a favour."





Geordie Shore's Marnie

# Tyedropped Lyodress The star stopped boozing and binge-eating to drop four kilos in four weeks!

act – Marnie Simpson loves to party. So it was a complete shock when the *Geordie Shore* star tamed her booze-swilling ways to get her bod back in shape.

"I used to drink about 10 double vodka and sodas, then the next day eat twice what I normally would because I'd have a hangover," she tells NW.

Her junk-food habit was so out of control that on some days the reality star would

have "a bacon sandwich for breakfast, McDonald's for lunch and then at night I'd usually order a burger and chips or pasta at 2am".

And on top of the hangover binges, Marnie, 23, had a serious snack addiction.

"If I had a multi-bag of Monster Munch [chips], I'd eat every single one of the 15 packs in one sitting," says the 163cm tall star, who weighed over 63kg at her heaviest.

Of course, a messy break-up with fiancé and former *The Only Way Is Essex* star Ricky Rayment just two months ago didn't help – it just caused her to seek solace in food. "When some people go through heartache, they don't eat," says Marnie. "But I'm the opposite. I ate more and gained weight because I was comfort eating."

But it's amazing what a difference a month makes. After following the No-Diet Diet for four weeks, she's dropped an impressive four kilos and two dress sizes, shrinking to a svelte size-eight!

Here, *NW* finds out exactly how she did it – and whether yodka is still on the menu...



WEIGHT: 63kg

**DRESS SIZE: 12** 

BEFORE



You always look gorgeous! What made you want to lose weight? I wasn't happy with my body before and it really did affect my self-esteem. You've got to feel really good naked to be happy with yourself and that's one thing I didn't feel. If I was with my boyfriend Ricky, I would normally leave my top on. You have to be happy with yourself. I think when you're in a relationship, you can settle, but now that I'm single, I'm putting in the extra effort to look and feel better.

Have you always worried about your weight? I think when you're thinner, it makes you more confident, so I always want to be happy with my weight. My ideal weight is about eight stone [50kg], so a size-six, which I was when I was 18.

### What's been your heaviest weight?

I was a large size-12 in 2014. I avoided the scales altogether, but I was probably over 10 stone [63kg]. When I've put weight on, I've hidden it really well. I wear bigger clothes – if I'm a size-12, I'll wear a size-14 dress. I don't wear skimpy outfits when I've put on weight.

How much exercise have you been doing?

I've been seeing a personal trainer three times a week for one-hour sessions, which include lots of core work. I'm probably the fittest I've been, but not the skinniest. [Geordie Shore cast mate] Chloe [Ferry] has been really good – she's been coming to workouts with me, too.

How do you feel when you look in the mirror? I feel a lot more confident and sexy within myself. My legs have always been my favourite part. They're dead long and thin, and now they're really toned. I'd definitely be happy to go naked in front of a boyfriend, but I'm single so that's probably not going to happen!

What do you think Ricky would make of your new body? He always liked me the way I was. He liked my bum the best, but we'll never know. It's definitely over now.

Have you cut down your drinking since getting on the diet? Yep, even though it's allowed on the diet, I cut out alcohol, because I was recently diagnosed as being yeast intolerant. But I do still like to go out for dinner and socialise with my friends.

Sometimes, when it's that time of the month, I really want a McDonald's.
Luckily, it's allowed on the diet, but my usual order of a double cheeseburger, large fries and six chicken nuggets isn't!

Did you have a weight-loss goal?

I just wanted to feel confident and to focus on my problem area, which has always been my stomach. I also had quite a lot of back fat. If I was wearing something that was showing off my side boob, you could see my back fat as well.

Geordie Shore airs 9pm Wednesday on MTV

### The No-Diet Diet

It's the food plan that still lets you indulge in the naughty stuff you love! And as well as allowing the odd treat, the No-Diet Diet doesn't make you axe any major food groups.

All you have to do is choose one meal a day from each colour-coded section – red, amber and green – plus three extra treats per week, and you're even allowed the occasional vino! We've included just a few samples below.

And when it comes to water, black tea and black coffee, you can have as much as you like!

The key to the diet is balance. So if you eat a fry-up for brekkie, balance it with a medium-sized lunch and an even smaller dinner.

Just watch portion sizes – it's a small price to pay for feeling good in your bikini!

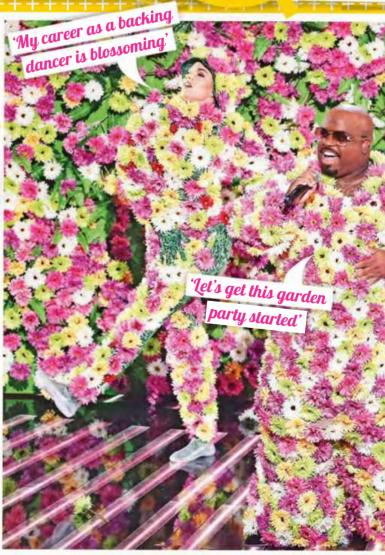
### TREATS

Save these for a party, as you're only allowed three per week – treats include one glass of prosecco (555kJ), a small sausage fole (535kJ), and a margarita (625kJ).



















# NOW CLASSY, once nasty.

Becoming Beyonce is one revealing read! Here are three shockers from the bio...

Bey blew snot rockets
Biographer J. Randy
Taraborrelli's writes that
sinus-sufferer Bey would
lay paper on the floor
and stand over it. She'd put
pressure on a nostril and
blow out the other – snot
would go flying! WTF!

### Bey was a ball-buster

A self-confessed tomboy growing up, Bey once kneed a family friend's son in the groin because he annoyed her. "Before anyone could stop her, she ran up and kicked him right in the nuts!" the bio reveals.

### **Bey mooned Usher**

While part of the group Girls Tyme, she accepted a dare to flash Usher. Ex-bandmate Nina Taylor says Beyonce "dropped her pants maybe halfway down and mooned him, real fast... and he exclaimed, 'Damn, girl!'"



His sugar-highness

This takes the cake for most creepy thing to happen this month! As part of a cake competition in the UK, Lara Mason made a lifesize sponge statue of Prince George. At 91cm, the cake took 30 hours to make! But it was worth the effort the baker took home gold for her royal replicate.







# Say goodbye to dye

Removes wrong or unwanted hair colour safely





GIGI'S GETTIN' WIGGY WITHIT

Gigi Hadid proves she's got the model chops to work any look the couture crowd throws her way.

cute new Where's Wally?-style

The blonde babe is almost unrecognisable rocking a series of strikingly coloured afro wigs in her cover shoot for *Vogue Italia*'s November issue.

"Leave it to Steven Meisel & this team to have fun with fashion! So honored to cover the Nov issue of @Vogueltalia!" Gigi tweeted of the fold-out cover. Killing it!



references, the book challenges the

who quit the band in March. Hilare!

# THE STARS align



Taking inspo from Ellen DeGeneres's famous Oscars selfie, Jennifer Lawrence and her castmates attempted to break the internet with their own version at the London premiere of The Hunger

Games: Mockingjay - Part 2. "This isn't goodbye, it's a see you soon. #friendsforlife," actor Sam Claflin captioned the Instagram snap.

Meanwhile, J-Law added to her list of red-carpet awkies moments when she almost smacked lips with co-star Natalie Dormer mid-interview!

Jen can plant one on us any day!





# M3ER5

The small fortune David Beckham has spent on getting tattoos over the years.



### \$12M The moolah



Britney Spears has blown in the last three months on jets, cars and a new wardrobe.

The cash Las Vegas promoters are said to be offering One Direction to take up



# Chris's STIFF UPPERLIP

Yep, Coldplay frontman Chris Martin says he's such a massive fan of Downton Abbey that he's keen for a cameo on the hit period drama.

So would he be upstairs or downstairs?

"Maybe like a guest piano tuner," he tells a UK radio station - what a stretch!

But Chris had better get in quick. The final season is already in the can, so he only has the upcoming Xmas special to make his Downton dream come true.



# WHAT'S RYAN D



Relax! Ryan Reynolds is just rocking prosthetic make-up for his upcoming film







branched out as a took to Instagram to case of his LVE: Legend Vine Exclusive label a collaboration with Napa Valley winery Raymond Vineyards. "I personally love wine



### What a trip More Wonderland adventures? This calls for a tea party!





Colin Farrell has ditched his wild, boozin' ways to live a Buddhist lifestyle. Yikes! According to an insider, the reformed bad boy and father of two originally "got sober for his boys, and now says chanting and meditating are his new high". What's more, after hearing about the clarity that comes from "sex fasts", the former serial shagger is now practising celibacy! "Some think he's gone off the deep end but he says he's never been happier," says the source. No sex? Eek

## RUMOUR % has it! %

Jen Aniston has a baby whisperer to help her conceive

FALSE Jen's rep slammed reports she's "hired a guru for her birth canal" as nonsense.





Adele likes to drunk tweet

TRUE

The Hello hitmaker says her squad now have to approve all her tweets after she "nearly put my foot in it quite a few times" after a bevvy or two.

**Behati** Prinsloo wears her teeth as **iewellerv** 



TRUE

After getting her wisdom teeth removed, the former Victoria's Secret model had one dipped in gold and turned into a necklace!



...Liz Hurley and Hugh Grant were the ultimate '90s couple? While they split in 2000 after Hugh was caught with his

pants around his ankles, the pair have remained the best of friends. Talk about #friendshipgoals! "Nostalgia Day. Me and HG, 23 years ago," Liz captioned her Instagram snap.







### TIM TAM CHOCOLICIOUS

Tim Tam Chocolicious are poppable, bite-size pieces combining delicious Tim Tam layers of crispy biscuit and a generous layer of cream, wrapped up in almost *double* the Tim Tam chocolate you love. The chocolate fix that's not too rich or too filling!



### **FLIRTY FUN FOR SUMMER**

Get ready for summer with some sheer and flirty Kayser fun! Enjoy the comfort of the ultra-light contour bra and your choice of bikini, short or g-string, detailed with cheeky lace. Available now in a range of cute sorbet summer colours! Viva Contour Bra, RRP \$27.95; Viva Short, \$10.95; Viva Bikini, \$9.95; and Viva Gee, \$9.95.

Visit kayserlingerie.com.au





### HAIR COLOUR REWIND

ColourB4 Hair Colour Remover is a safe and effective way to remove undesirable hair colours or colour build-up in the comfort of your own home. Available from Coles and Priceline.

Visit colourb4.com



Check out this week's best new products!



### **SALON-PERFECT SMOOTHNESS**

Veet Spawax is your new professional-quality wax-warming kit, melting the wax and keeping it at the ideal temperature for salon-perfect smoothness at home. Try it now! Available at all leading supermarkets and pharmacies.



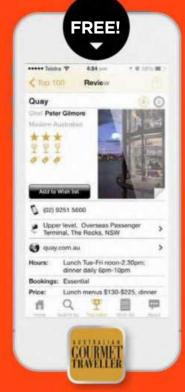
Rugby League Week +



Dolly Doctor



Harper's Bazaar TV



Gourmet Traveller Restaurant Guide 2014









Cosmo TV



# GO BEYOND THE PAGES OF YOUR FAVOURITE MAGAZINES



